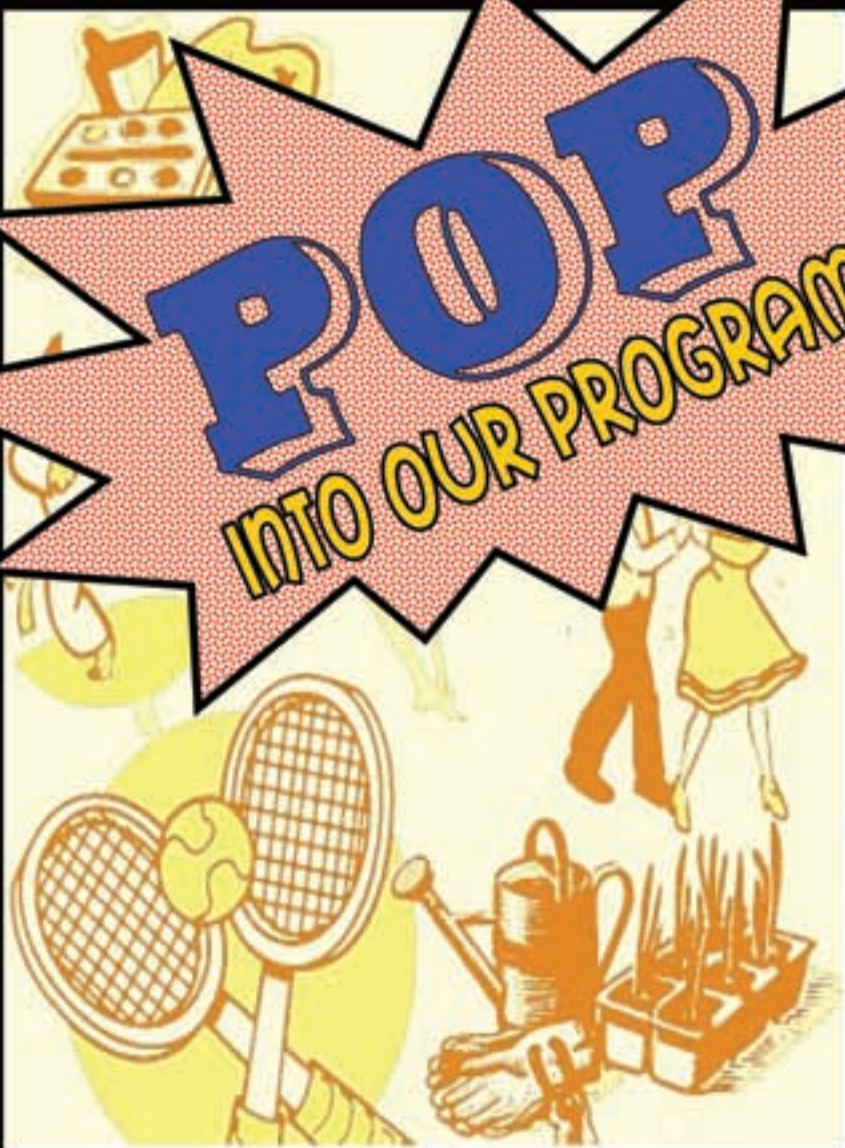


# POP

INTO OUR PROGRAMS



KENNER PARKS & RECREATION WINTER/SPRING 2011



# 2011 Leisure Service Winter/Spring Program

## CHILDREN AND TEENS

### PINTSIZE DRAWING & PAINTING – AGES 6-10

Young artists will be introduced to the fun filled world of drawing and painting. They will use different mediums to complete at least 3 paintings. The course will end with an art show. Supplies included in class fee. Instructor: Lois Browne.

Class held:  
Friday  
February 4 - March 25  
4:30 p.m. - 6:00 p.m.

Fassbender Center  
Class fee: \$45

### TEEN ART WORKSHOPS – AGES 11-15

Teens will explore the basics of pencil drawing, watercolor and acrylics. Different projects in each workshop. All supplies included. Discount available if you sign up for all four! Instructor: Brenda Gruber.

Workshop held:  
Wednesday  
Feb. 2, Mar 2, Apr 6, May 4  
6:00 p.m. - 8:00 p.m.

Fassbender Center  
Class fee: \$12 (per workshop)

### ART A LA CARTE – AGES 6 – 10 **POW**

This is an arts and crafts class that will explore creativity and imagination. Paints, clay, glue, collages and more will be used to create engaging hands-on projects. The opportunities are endless. All supplies included. Instructor: Joycelyn Branch.

Class held:  
Tuesday  
January 25 - March 1  
4:30 p.m. - 6:00 p.m.

Fassbender Center  
Class fee: \$45

### STORYTIME ART – AGES 3 – 5 **WHAM**

Children will create simple projects inspired by the images and characters introduced from books. A variety of fun and unique crafts will be made to expand their imagination and bring the stories to life. Instructor: Joycelyn Branch.

Class held:  
Monday  
January 24 - February 28  
5:15 p.m. - 6:15 p.m.

Fassbender Center  
Class fee: \$40

### HIP HOP – AGES 7 & UP

Learn the latest hip hop moves and combine them for a fun and energetic routine to hottest music. Hip hop is an excellent way for kids to stay in shape and improve confidence. Wear loose clothes and tennis shoes. Students will perform in our annual dance revue. Instructor: Sarah Gaitan.

Class held:  
Tuesday  
January 18 - June 10  
7:30 p.m. - 8:30 p.m.

Fassbender Center  
Class fee: \$40

### TENNIS – AGES 7-14

Playing tennis on a regular basis can help maintain or improve balance, mobility, agility, strength and fitness. Come out and see why they say tennis is a "sport for a lifetime"! This class consist of 8 lessons and ends with a fun tournament! Instructor: Ellie Chavis, USTA and PTR certified.

Class held:  
Thursdays  
March 17 - May 5  
5 p.m. - 6 p.m. - Beginner  
6 p.m. - 7 p.m. - Adv. Beginner

Alabama Tennis Courts  
Class fee: \$40

### KARATE – AGES 6-14

This is a Tae Kwon Do karate WHITE BELT BEGINNERS class that will teach self esteem, confidence, discipline, positive thinking, eye-hand coordination, balance, flexibility, self defense and respect for others. Instructors: Candace Frisard, Daniel Truxillo & Matthew Hinkamp.

Class held:  
Tuesday & Thursday  
January 11 - May 5  
5:00 p.m. - 6:00 p.m.

Fassbender Center  
Class fee: \$55

### JR. BOOT CAMP – AGES 11 & UP **BAM**

This is a fun, power packed workout that will incorporate jump ropes, hula hoops and fitness balls. Each class will be a fitness adventure that will improve your strength and flexibility. This is a great way to stay active and meet new people.

Class held:  
Saturday  
January 15 - March 5  
9:00 a.m. - 10:00 a.m.

Fassbender Center  
Class fee: \$30

### ZUMBATOMIC – 8-15 **POP**

It's a fast-forward fusion of the Zumba program's moves (salsa, cumbia, reggaeton, hip-hop and more) and high-octane workouts designed to let kids max out on fun and fitness all at the same time. Watch their energy and fitness levels soar as they get the groove. Instructor: Kierra Young, Zumba Certified.

Class held:  
Saturday  
January 15 - March 5  
10:00 a.m. - 11:00 a.m.

Fassbender Center  
Class fee: \$30

### SWEETHEART TEA – AGES 4-10

This is a three week etiquette class for young Ladies and gentlemen that will teach social etiquette, table manners and personal style that inspire self-confidence in life-skills. The young ladies will host a sweetheart tea party on the last class to show what they learned. Instructor: Marian Hebert.

Class held:  
Thursday  
January 27 - February 10  
5:30 p.m. - 6:30 p.m.

Fassbender Center  
Class fee: \$25

### STEAMPUNK JEWELRY FOR TEENS - AGES 11-16 **WHAM**

Have you ever looked at a piece of jewelry and wished you knew how it was made? Let us help you by taking you through simple steps to create beautiful jewelry out of old watches, clocks or broken jewelry! Learn everything you need to know about making your own jewelry. Some materials provided! Instructor: Marian Hebert.

Class held:  
Thursday  
March 24 - April 7  
5:30 p.m. - 6:30 p.m.

Fassbender Center  
Class fee: \$30

### "EGG" CEPTIONAL SCIENCE – AGES 8-12

Join us for a scientific day of fun exploring with eggs! Learn how to suck an egg into a bottle. Participate in an eggdrop competition! Use your creative mind and bring in the best protective insulation for the egg to the workshop. Instructor: Kevin Hunt.

Class held:  
Saturday  
April 2  
1:00 p.m. - 3:00 p.m.

Rivertown Science Center  
Workshop fee: \$10  
\$10 supply fee paid at workshop

### SPRING BREAK CAMP – AGES 4-11 **POW**

Need something for the kids to do during Spring Break? Send them to our Spring Camp! Activities will range from arts & crafts to indoor/outdoor games and a field trip. Lots of fun for the kids! Limited to 24 children.

Camp held:  
April 25 - 29  
Camp hours: 9:00 a.m. - 3:00 p.m.  
Before care: 7:30 a.m. - 9:00 a.m. (free)  
After care: 3:00 p.m. - 5:30 p.m. (free)  
Camp fee: \$85

Fassbender Center

## PARENT AND CHILD

### CERAMICS

These great seasonal programs will be held for 3 weeks and will include pieces pertaining to Mardi Gras or Easter. The first class will teach you how to clean the greenware, second class will include how to stain and the third class will be on sealing and finishing your pieces. All supplies are included.

### MARDI GRAS CERAMICS – AGES 7 & UP

Class held:  
Wednesdays  
Feb 9 - Feb. 23  
6:00 - 8:00 p.m.

Fassbender Center  
Fee: \$40 per family  
(one parent and one child)

### EASTER CERAMICS – AGES 7 & UP

Class held:  
Wednesdays  
Mar. 30 - April 6  
6:00 - 8:00 p.m.

Fassbender Center  
Fee: \$40 per family  
(one parent and one child)

### FAMILY YOGA – AGES 6 & UP **KaBoom**

Introduces beginner students to the fundamentals of yoga, posture, and breath. This bonding class will build concentration, create energy, and bring a calming relaxing sensation to both you and your child. There is a strong emphasis on form and alignment in the poses as well as specially sequenced energetic restorative poses. Please bring a mat and a towel. Instructor: Amanda Mitchell.

Class held:  
Saturday  
January 15 - March 5  
7:15 a.m. - 8:15 a.m. (one parent and one child)

Fassbender Center  
Class fee: \$35

### KIDS IN THE KITCHEN – AGES 6 & UP **BOOM**

Bring your child or grandchild to learn how to make some healthy, kid-friendly meals. This is a great class to introduce your child to the kitchen.

Class held:  
Saturday  
January 29  
10:00 a.m. - 11:30 a.m.

Fassbender Center  
Workshop fee: \$25 per family  
(One parent and one child)

### HOME GROWN CONTAINER VEGETABLES – AGES 6 & UP

Children will love getting a little dirty in this class. You will plant your own vegetable and herb seeds in containers, and transplant a few seedlings, then take them home and watch them grow. All supplies included for one parent and one child. Sponsored by: Monsanto Fund.

Workshop held:  
Saturday  
Feb 26  
9:00 a.m. - noon

COK Veterans Park Greenhouse  
Workshop fee: FREE

## Gymnastics Classes going on now!



It's not too late.

Call us for more information today!

**468-7268**

### Registration for

## Leisure Service

### programs will begin

Saturday, January 8, 2011 from 10:00 a.m. to 2:00 p.m.  
at the Leisure Service office on 2508 20th Street.

After January 8, registration is taken weekdays from  
9:00 a.m. to 5:00 p.m.

For more information call the Leisure Service Office or visit  
our website at [www.kenner.la.us/recreation.html](http://www.kenner.la.us/recreation.html)  
Follow us on Facebook for continuous updates.

Leisure Services - 468-7268 or 468-7264

Ceramics - 468-7593

# 2011 Leisure Service Winter/Spring Program

## ADULT

### CARDIO STEP

This step aerobics class consists of choreographed step patterns. You'll challenge your mind and body as you burn calories. The intensity of your workout will be determined by the speed, travel, and execution of your movements. Instructor: Mary Bergeron, AFAA Certified.

Class held:  
Monday, Wednesday & Friday  
Session 1 - January 10 - March 4  
Session 2 - March 14 - May 6  
8:00 a.m. - 9:00 a.m. Fassbender Center  
Class fee: \$40 per session

### A.M. BODY SCULPT

Are you a "morning person" and want to get your body back in shape? Join this great fitness program to build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories. Please bring 3-5 lb. hand weights. Instructor: Mary Bergeron, AFAA Certified.

Class held:  
Monday, Wednesday & Friday  
Session 1 - January 10 - March 4  
Session 2 - March 14 - May 6  
9:00 a.m. - 10:00 a.m. Fassbender Center  
Class fee: \$40 per session

### BODY WORKOUT IN THE P.M.

This is a combination three day program. The class will focus on burning fat, increasing metabolism, ab work, strengthening with hand weights, cardio alternate with aerobics and kickboxing. At the end of each class will be stretching and relaxation techniques. Instructor: Mary Bergeron, AFAA Certified.

Class held:  
Monday, Wednesday & Friday  
Session 1 - January 10 - March 4  
Session 2 - March 14 - May 6  
6:15 p.m. - 7:15 p.m. Fassbender Center  
Class fee: \$40 per session

### ZUMBA IN THE P.M.

This is a Latin inspired, dance fitness class that incorporates Latin and international music and dance movements such as meringue, salsa, cumbia, reggaetone, samba, cha-cha, flamenco, belly dance and more. This will create a dynamic, exciting and effective fitness system. Instructor: Tim Davis & Kierra Young.

Class held:  
Monday, Wednesday, & Friday  
Session 1 - January 10 - March 4  
Session 2 - March 14 - May 6  
5:15 p.m. - 6:15 p.m. Fassbender Center  
Class fee: \$40 per session  
Wednesday & Friday  
Session 1: January 12 - March 4  
Session 2: March 16 - May 6  
7:00 p.m. - 8:00 p.m. Woodlake Gym  
Class fee: \$35 per session

### YOGA I

This class introduces beginning students to the fundamentals of posture and breath. The class is also suitable for continuing students or anyone who, due to stiffness, lack of strength or other limitations, would benefit from yoga. Please bring a mat and a towel. Instructor: Amanda Mitchell.

Class held:  
Monday & Friday  
Session 1: January 10 - March 4  
Session 2: March 14 - May 6  
7:15 p.m. - 8:15 p.m. Fassbender Center  
Class fee: \$35 per session

### YOGA II

This add-on class should be taken after completing or in addition to Yoga I. Basic essentials are not covered and your body should be warmed up and stretched prior to attempting any advanced movements. Instructor approval may be required. Please bring hand held 3, 5 or 10lb weights, mat and a towel. Instructor: Amanda Mitchell

Class held:  
Monday & Friday  
Session 1: January 10 - March 4  
Session 2: March 14 - May 6  
8:15 p.m. - 9:00 p.m. Fassbender center  
Class fee: \$30 per session

## Tennis Open Play

March 12  
11:00 a.m. - 1:00 p.m.  
Join us for a Free day of Tennis!



### LINE DANCE FITNESS

Learn the newest line dances for exercise and fun. Latin, Disco, Oldies, Top 40, Rhythm & Blues, Country and more will also be used to teach all the dances. Instructor: Dave Sepulveda.

Class held:  
Monday  
Session 1: Jan. 10 - February 28  
Session 2: March 14 - May 2  
5:30 p.m. - 6:30 p.m. Rivertown Exhibition Hall  
Class fee: \$45 per session

### LINE DANCE FITNESS II

Know all the "basic" line dances? If you are ready to learn more complicated line dances while getting a fantastic workout, sign up for this class. Instructor: Dave Sepulveda.

Class held:  
Monday  
Session 1: Jan. 10 - February 28  
Session 2: March 14 - May 2  
6:30 p.m. - 7:30 p.m. Rivertown Exhibition Hall  
Class fee: \$45 per session

### BALLROOM BOOTCAMP - COUPLE DANCING

Work off the calories while learning how to Salsa, Merengue, Cha Cha, Swing, Western Two-Step, Zydeco, Jamaica and more. Dancing as a couple is back in style. Instructor: Dave Sepulveda.

Class held:  
Monday  
Session 1: Jan. 10 - February 28  
Session 2: March 14 - May 2  
7:30 p.m. - 8:30 p.m. Rivertown Exhibition Hall  
Class fee: \$80 per couple

### KENNER KLAY STUDIOS

Ceramics is back and better than ever. Come join us during our open studio time for all of your ceramic needs. Classes begin the week of January 3. Sitting fee: \$5. (Kenner Klay Studios, call 468-7593.)

Studio times:  
Morning program Tuesday or Thursday  
10:00 a.m. - 1:00 p.m. Fassbender Center  
Night program Monday, Tuesday or Wednesday  
6:00 p.m. - 9:00 p.m. Fassbender Center

### CERAMIC MARGARITA GLASS

This is a great specialty program that will be held for 2 weeks and will include 4 margarita glasses that you can decorate how you like. Perfect for Cinco de Mayo! The classes will include how to stain, seal and finish your pieces. All supplies are included.

Class held:  
Wednesday  
6:00 p.m. - 8:00 p.m. Fassbender Center  
April 20 - April 27 Class fee: \$35

### ART WITH ACRYLICS

Learn the exciting and versatile medium of acrylics! You will be taught the basics and develop your unique creative touch. Supply list is given at registration. Instructor: Jane Read.

Class held:  
Monday  
Session 1 - Jan. 24 - Feb. 28  
Day/10:30 a.m. - 12:30 p.m.  
Night/6:30 p.m. - 8:30 p.m. Fassbender Center  
Class fee: \$35 (6 weeks)  
Session 2 - March 14 - May 2  
Day/10:30 a.m. - 12:30 p.m.  
Night/6:30 p.m. - 8:30 p.m. Fassbender Center  
Class fee: \$40 (8 weeks)

### PAINT FOR FUN

An adult oil painting "recreation art" class that will amaze each student with a finished painting. Students will receive an art supply list on the first day of class. Instructor: Brenda Gruber.

Class held:  
Tuesday Session 1: Jan. 18 - March 1  
Session 2: March 15 - May 3  
6:00 p.m. - 8:00 p.m. Fassbender Center  
Session fee: \$40  
Thursday Session 1: Jan. 20 - March 10  
Session 2: March 17 - May 5  
10:30 a.m. - 12:30 p.m. Fassbender Center  
Session fee: \$40

### WATERCOLOR

Learn the basic watercolor techniques. Beginner knowledge of drawing is not necessary. Supply list will be given at registration. Instructor: Marian Hebert.

Class held:  
Thursday  
Session 1: Jan. 20 - March 10  
Session 2: March 17 - May 5  
2:30 p.m. - 4:30 p.m. Fassbender Center  
Class fee: \$40 per session

### MARDI GRAS JESTER

Enjoy a relaxing evening of painting! This is a unique experience to see how talented you can be. Each person will leave with a completed watercolor painting at the end of the night. All supplies included.

Workshop held:  
Friday  
February 11  
6:00 p.m. - 9:00 p.m. Fassbender Center  
Workshop fee: \$35

### MARDI GRAS STAINED GLASS

This is a paint by number faux stained glass workshop. You will be amazed how close it looks to the real thing! Display available at the Leisure Service office. All supplies included. Instructor: Brenda Gruber.

Workshop held:  
Saturday  
February 19  
10:00 a.m. - 2:00 p.m. Fassbender Center  
Workshop fee: \$40

### SPRING WATERCOLOR WORKSHOP

Come enjoy a relaxing day with watercolor painting. You will walk away with a beautifully completed piece of art. All levels of skill welcome. All supplies included. Instructor: Marian Hebert.

Workshop held:  
Saturday  
April 2  
9:00 a.m. - noon Fassbender Center  
Workshop fee: \$30

### TEXTURED FLEUR DE LIS WORKSHOP

Learn to create a dramatic textured Fleur de lis painting. You will paint the fleur de lis and then learn how to layer with textured paint. Instructor: Brenda Gruber.

Workshop held:  
Saturday  
March 26  
10:00 a.m. - 2:00 p.m. Fassbender Center  
Workshop fee: \$18

### P.M. PAINT PARTY

Enjoy a night out with friends, refreshments and painting! This is a unique experience to see how talented you can be. Each person will leave with a completed acrylic painting at the end of the night. All supplies included. Instructor: Brenda Gruber.

Workshop held:  
Friday  
April 15  
6:00 p.m. - 9:00 p.m. Fassbender Center  
Workshop fee: \$40



# 2011 Leisure Service Winter/Spring Program

## STAR PUPPY<sup>SM</sup> KINDERGARTEN



Make your puppy a STAR Puppy<sup>SM</sup>. This course covers responsible pet ownership: teaching your puppy to meet people politely, walk nicely with you, come when called, sit and lie down when told, and to stay. It also includes exercises to make trips to the vet pleasant for you and tips on heading off common behavior problems. Health and grooming tips will be discussed. Limited enrollment ensures personal attention for you and your puppy. Puppies must be 4-9 months old, and up-to-date on their puppy shots. Bring vaccination record to first class. First class, 90 minutes, no puppies. Remainder of classes, 60 minutes, with puppies. So, puppies (*mixed breeds and purebreds*) who successfully complete the course qualify for an AKC certificate as a "STAR Puppy<sup>SM</sup>". Instructor is an AKC Canine Good Citizen Evaluator.

Class held:  
Saturday  
March 12 - April 23  
10:00 a.m. - 11:00 a.m.  
Laketown Pavilion  
Class fee: \$60

## "HELP, MY DOG IS DRIVING ME CRAZY!"



Is your dog jumping on you or your guests? Munching on furniture? Stealing from kitchen counters? Digging a lagoon in the yard? Barking excessively? This one-night behavior workshop will help you teach your dog to be a good family member, not a pest. **Owners only** - bring all your problems and questions, but not the dog. Fee is per family. Instructor is an AKC Canine Good Citizen Evaluator.

Workshop held:  
Thursday  
January 20 & May 5  
6:00 p.m. - 7:30 p.m.  
Fassbender Center  
Workshop fee: \$15  
per workshop

## HOME GROWN VEGETABLES & HERBS

With the economy in its current state and your wallet looking a bit thin after Christmas, now is the time to grow some of your own food at home and save some cash. Whether you live in an apartment or a house, we will show you how to grow a few spring vegetables and herbs in containers. All supplies included to get started. Sponsored by Monsanto Fund.

Workshop held:  
Saturday  
February 26  
Noon - 2:00 p.m.  
COK Greenhouse  
Workshop fee: FREE

## BACKYARD VEGETABLE GARDENING

Similar to our popular container gardening class, this workshop will teach you how to create and care for a vegetable and herb garden, no matter the size of your background. In addition to learning how to care for your plants, you will learn what grows best in our climate and soil, where to place your garden, the benefits of raised beds and much more. Sponsored by Monsanto Fund.

Workshop held:  
Saturday  
March 26 & April 16  
11:00 a.m. - 1:00 p.m.  
COK Greenhouse  
Workshop fee: FREE

## TENNIS LESSONS

Playing tennis on a regular basis can help maintain or improve balance, mobility, agility, strength and fitness. Come out and see why they say tennis is a "sport for a lifetime" This class consist of 8 lessons and ends with a fun tournament! Instructor: Ellie Chavis and A.J. Gutierrez, USTA and PTR certified.

Class held: Wednesday March 16 - May 4 9 a.m. - 10 a.m. Beginner 10 a.m. - 11 a.m. Adv Beginner 7 p.m. - 8 p.m. Beginner 8 p.m. - 9 p.m. Adv Beginner Cannes Brulee Courts Class fee: \$40	Thursday March 17 - May 5 7 p.m. - 8 p.m. Beginner 8 p.m. - 9 p.m. Adv Beginner Alabama Courts Class fee: \$40
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## TENNIS LEAGUES

Men's League - Monday night - Levels A to B+  
Women's League - Tuesday night

League play will begin the week of March 14 and will continue until the week of May 2. Leagues are not for beginners. Awards will be given at the end of the league. Registration remains open until leagues are filled.

Kenner resident league fee: \$20  
Non-Kenner resident league fee: \$25



## Easter Tea

**April 9, 2011**  
**1:00 p.m. - 4:00 p.m.**  
**Kenner Pavilion**  
**Tickets - \$35 (admits 2)**

Join us for a celebration of spring for the whole family. Women and girls get to don their fancy hats and frilly dresses, and men and boys their Sunday suits. Enjoy delectable treats, an Easter egg hunt, Easter Bunny pictures, games and more.

**Call 468-7268 for more information.**

## 2011 CITY OF KENNER HOLIDAY CALENDAR

Martin Luther King, Jr. Day	Mon., Jan. 17
President's Day (observed)	Mon., Mar. 7
Mardi Gras	Tues., Mar. 8
Good Friday	Fri., Apr. 22
Memorial Day	Mon., May 30

**NO PROGRAMS OR CLASSES WILL BE HELD ON THE CITY OF KENNER HOLIDAYS LISTED ABOVE. CLASSES OR PROGRAMS THAT OCCUR ON A HOLIDAY WILL NOT BE RESCHEDULED.**

## CENTRALIZED REGISTRATION

Participants must report to their local playground. If you are a first time participant or you have an expired ID in any sports program, you will be sent to Woodward gymnasium for processing of the Centralized Registration Procedures.

*Please bring an original birth certificate and proof of residency!*

**FOR ADDITIONAL INFORMATION, PLEASE CALL 468-7211**

**Check out the Adult leagues KPRD has to offer:**  
Flag football, Basketball, Softball, Cabbageball

**Mixed leagues in:**  
Softball, Cabbageball and Volleyball

**Call Johnie after 2:00 p.m. at 468-7211 for more information.**

## Track & Soccer Registration

Track begins January 17, 2011 • Soccer registration begins May 3, 2011  
Weekdays 6:00 p.m. - 9:00 p.m.

at your local playground. Call 468-7211 for more information

## Baseball & Softball Registration

Begins March 14, 2011 • Weekdays 6:00 p.m. - 9:00 p.m.

at your local playground. Call 468-7211 for more information